



# Tips and tricks





# Motivation and support for Superheroes



<b>DO'S</b>	<b>DON'Ts</b>
Knowing people who work with the specific target groups	Don't lose yourself in the process
Collaborating with people who have an influence on different groups of people and target groups you are planning to work with.	Don't be afraid of being a role model and voice out the problems you are facing with.
Plunged deeper into the topic and tried actually to understand the issues of the area you are working in	Don't overload yourself. Do one thing at one time, less is more, really.
Research the topic and educate yourself.	Don't give up, from every failure comes big learning lessons.
Start small - small actions matter	
Go step by step.	
It's okay not to understand. Ask for clarification and be there to clarify others.	
People are always at their minimum, be indulgent, it will help you relax.	
Use interactive methods and tools to engage participants in the topic.	

## DO'S

## DON'Ts

Try it- you can do it. You never fail,  
you learn.

Stay on top of things! Make sure  
you always know what's going on  
with your project

Do monitoring and reflection during  
and after the project.

Problems in my village helped me to  
become the change I want to see in  
my community

Just do it



# Personal characteristics that are describing one Superhero



## DO'S

## DON'Ts

Be patient

Don't judge

Be persistent

Be empathetic (help your community)

Be curious

Work in a team - through working with others we can achieve better results; multiple minds think better than one

Be aware

Listen to the people you work with

Have the will to change your local reality

Make the difference



# Step by step to becoming Superhero



<b>DO'S</b>	<b>DON'Ts</b>
Acknowledging the 5 D's in order to analyze how to order them	
Doom, distance, dissonance, denial and identity	
Having a clear vision of the mission	
Understanding the problem to find motivation	
Asking for help when needed, both from within and from organizations	
Elaborating a plan that is both punctual and realist	
Relying on the 5 S's as the ways we can tackle the problem	
Social networks, supportive framings, simple actions, storytelling, signals	
Surrounding oneself with others for moral support and mutual motivation	





# Superhero of networking



## DO'S

## DON'Ts

Support friends and family in their transition

Do not be afraid to ask for help around you and use your existing network

Be a good piece of the superheroes network

Try to see the entire panel of climate change problem

Multiple opportunities throws networking

Keep yourself open to the influence of your network